



**TUESDAY**

**March 31, 2026**

**Heritage Woods  
Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



CHECKING YOUR  
**SCHOOL EMAIL**  
**EVERYDAY**

Ensures YOU don't miss

**IMPORTANT**  
**INFORMATION!**



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



Thank you for your cooperation!



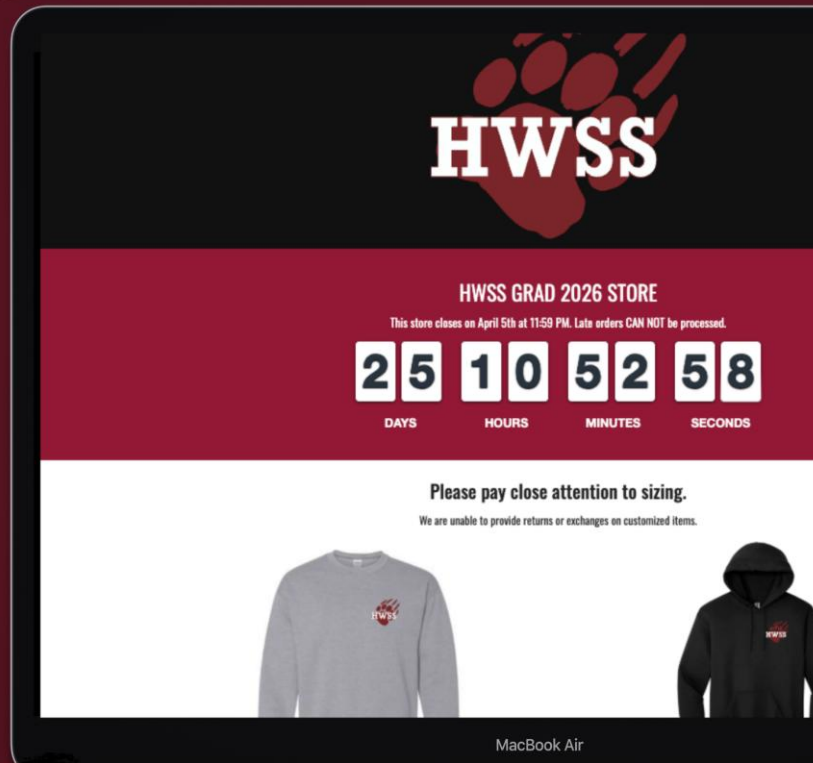
Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.



Order by Apr. 5

# HWSS Grad 2026

[store.passionsports.ca/hwssgrad2026](https://store.passionsports.ca/hwssgrad2026)



SCAN THIS QR CODE  
FOR THE LINK





# Easter Egg Hunt

## Tuesday April 7

30 Paper Eggs Hidden around  
the school!

Find them and bring them  
to Mr. Luong for a prize!

Mr. Luong can be found in the **Grand Hall** at  
the end of **lunch** and **block 4!**



**ATTENTION**  
**Science Coop 2027**  
**Applicants**

**Interview Times are now**  
**Posted outside 315!**

**They will begin after**  
**SPRING BREAK**

# CLUBS



# Omnisexual

Omnisexuality means **being attracted to people of all genders**. Although it is very similar to pansexuality, being pansexual means one is gender-blind and do not consider gender when it comes to attraction. Instead, with omnisexuality, **gender will vary preferences and experiences among people.**

# CAREER CENTER



# REMINDER FOR GRADE 12S

Local Scholarship  
package is due  
April 02<sup>nd</sup> no later  
than 12:30 pm.

Incomplete or late  
packages will not  
be accepted.



Print off the package and hand it in  
with all required documents to Ms.  
Butler or Ms. Birsan.

# Sasamat Volunteer Firefighters Association



## 2026 Award Application Form

Due: April 2, 2026



ATTENTION: Anmore & Belcarra Grade 12 Students  
Amount of Award: \$1,000

Preference will be given to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.

- Open to residents of Anmore and Belcarra graduating June 2026
- Complete application and submit to Ms. Butler or to Anmore Village Hall by April 02
- If submitting to Ms. Butler, deadline is 12:30pm April 02
- [https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx?login=-1528374222#/=](https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx?login=-1528374222#/)

# Sasamat Volunteer Firefighters Bursary

# BCIT Pathway to Success Awards

- SD43 has 3 awards of \$3,000 each available.
- BCIT Pathway to Success Awards are for students planning to enter a full-time first year technology, technical studies or trade program (excluding Apprenticeship) directly from high school. The intent of these awards is to recognize students who are well-rounded citizens, who have displayed leadership qualities, and have demonstrated that they are willing to work hard to achieve their goals. Commitment and drive are as important as formal academic standing
- **Applications are due to Ms. Butler by April 02, 2026 12:30pm**
- Visit my website to find out all details and application <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>

The logo for BCIT (British Columbia Institute of Technology) is displayed in white, bold, sans-serif capital letters on a dark blue rectangular background.

# COMMUNITY





# CAREER FAIR

We welcome you to join our mission in building inclusive, person-centered communities.

Join our team today! Positions are available in:  
Vancouver, North Vancouver, Burnaby, Coquitlam,  
Surrey, Richmond and Abbotsford

- Volunteer Opportunities
- Specialized Child and Youth Support Work
- Adult Staffed Living Support Work
- Licensed Practical Nurse (LPN)
- Future Career Opportunities



## Date

Friday, April 17, 2026



## Time

11:00 AM - 3:00 PM



## Location

Head Office  
816 Roderick Ave,  
Coquitlam BC, V3K 1P8

Reserve  
your spot by  
April 8,  
2026



Visit [Strive's Career Page](#)



[striveliving.ca](http://striveliving.ca)  
604-936-9944

# Learning to Lead™



## Spring Applications Now Open!

**Learning to Lead** is a leadership opportunity open to self-identified girls in Grades 10-12. Participants gain confidence through interactive workshops and activities within a fun and supportive community of friends and mentors.

- Gain confidence
- Connect with peers and supportive mentors
- Build practical leadership and communication skills



**Learning to Lead™ will take place via Zoom from 6pm-8pm PST:**

- Wednesday, April 8th
- Wednesday, April 15th
- Wednesday, April 22nd
- Wednesday, April 29th

## Apply today!



**Applications close April 3rd**

Thank you to Lead Supporter

**ARITZIA**

SCHOOL DISTRICT No. 43 (COQUITLAM) PRESENTS  
THE FAMILY & COMMUNITY LEARNING SERIES

## Social Media Awareness, Digital Citizenship & Cyberbullying



This session explores where youth spend time online and why understanding these spaces matters for their safety and healthy digital habits.



IN PERSON  
PRESENTATION

SAVE THE DATE



THURS. APR 9, 2026  
6:30 - 8:00 PM



CENTENNIAL SCHOOL  
THEATRE  
570 Poirier St  
Coquitlam BC

**REGISTER NOW**



Safer Schools Together  
workshops meet key learning  
outcomes as set by the BC  
Ministry of Education.

Pre-registration is required.  
To learn more about this session, go to:  
[WWW.SD43.BC.CA/FAMILYSERIES](http://WWW.SD43.BC.CA/FAMILYSERIES)